

Monday to Friday

Inbound to Boston

ZONE	STATION	TRAIN #	AM							PM						
			040	042	044	046	048	050	052	054	056	058	060	062	064	
8	Kingston	Ⓜ	5:30	6:30	7:30	8:35	9:50	11:05	12:20	1:35	2:50	4:10	6:17	8:13	10:13	
7	Halifax	Ⓜ	5:39	6:39	7:39	8:44	9:59	11:14	12:29	1:44	2:59	4:20	6:29	8:22	10:22	
6	Hanson	Ⓜ	5:44	6:44	7:44	8:49	10:04	11:19	12:34	1:49	3:04	4:26	6:34	8:27	10:27	
5	Whitman	Ⓜ	5:50	6:50	7:50	8:55	10:14	11:29	12:44	1:59	3:14	4:32	6:39	8:32	10:32	
4	Abington	Ⓜ	5:54	6:54	7:54	8:59	10:18	11:33	12:48	2:03	3:18	4:36	6:43	8:36	10:36	
3	South Weymouth	Ⓜ	5:59	6:59	7:59	9:04	10:23	11:38	12:53	2:08	3:23	4:41	6:48	8:41	10:41	
2	Braintree	Ⓜ	L 6:07	L 7:07	L 8:07	L 9:12	L 10:30	L 11:45	L 1:00	L 2:15	L 3:30	L 4:55	L 7:00	L 8:49	10:49	
1	Quincy Center	Ⓜ	L 6:12	L 7:12	L 8:12	L 9:17	L 10:35	L 11:50	L 1:05	L 2:20	L 3:35	L 5:00	L 7:05	L 8:54	-	
1A	JFK/UMASS	Ⓜ	L 6:21	L 7:21	L 8:21	L 9:26	L 10:44	L 11:59	L 1:14	L 2:29	L 3:49	L 5:09	L 7:14	L 9:03	-	
1A	South Station	Ⓜ	6:29	7:29	8:29	9:34	10:52	12:07	1:22	2:37	3:57	5:17	7:21	9:11	-	

Monday to Friday

Outbound from Boston

ZONE	STATION	TRAIN #	AM							PM						
			041	043	045	047	049	051	053	055	057	059	061	063	Middleborough 031	065
1A	South Station	Ⓜ	6:07	8:33	9:35	10:50	12:05	1:20	2:35	3:37	4:37	5:30	6:42	8:50	10:55	Board Middleborough Train 031 and change trains at Braintree for a Kingston connection
1A	JFK/UMASS	Ⓜ	6:13	8:39	9:41	10:56	12:11	1:26	2:41	3:43	4:43	5:36	6:48	8:56	11:01	
1	Quincy Center	Ⓜ	6:21	8:47	9:49	11:04	12:19	1:34	2:49	3:51	4:51	5:44	6:56	9:04	11:09	
2	Braintree	Ⓜ	6:26	8:52	9:54	11:09	12:24	1:39	2:54	3:56	4:56	5:49	7:01	9:09	11:14 → 11:19	
3	South Weymouth	Ⓜ	6:32	8:58	10:00	11:15	12:30	1:45	3:00	4:02	5:02	5:55	7:07	9:15	-	11:25
4	Abington	Ⓜ	6:37	9:06	10:05	11:20	12:35	1:50	3:05	4:07	5:07	6:00	7:12	9:20	-	11:30
5	Whitman	Ⓜ	6:41	9:10	10:09	11:24	12:39	1:54	3:09	4:11	5:11	6:04	7:16	9:24	-	11:34
6	Hanson	Ⓜ	6:50	9:15	10:14	11:29	12:44	1:59	3:14	4:16	5:16	6:09	7:21	9:29	-	11:39
7	Halifax	Ⓜ	6:55	9:20	10:19	11:34	12:49	2:04	3:19	4:21	5:21	6:14	7:26	9:34	-	11:44
8	Kingston	Ⓜ	7:09	9:33	10:32	11:47	1:02	2:17	3:32	4:34	5:35	6:28	7:40	9:47	-	11:57

Keep in Mind:

This schedule will be effective from April 5, 2021 and will replace the schedule of January 23, 2021.

Holiday Service

For holiday service, please visit [MBTA.com/holidays](http://MBTA.com/holidays) or pick up the dedicated holiday schedule at North Station, South Station or Back Bay three weeks prior to the holiday.

Masks are federally required on board and in station. Visit [MBTA.com/covid19](http://MBTA.com/covid19) for the latest updates

**Times in blue with "L" indicate an early departure:** The train may leave ahead of schedule at these stops.

**Bikes:** Bicycles are allowed on all trains.

**Connect to a different train for continued service outbound.**

**High level platform and bridge plate available.** Visit [mbta.com/accessibility](http://mbta.com/accessibility) for more information.